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Fitness Direct TUFF STUFF
Apollo 7000 AP-7400

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| Tuff Stuff | Apollo | Leg
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playing around on the Apollo
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AXT-3 demo video

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~~Tuff Stuff Apollo 250 Home~~

In 1999, TuffStuff introduced the Apollo 250, 350 & 450 systems. In doing so, TuffStuff launched the first modular strength system with interchangeable stations. The Apollo multi-gym was offered in two stack, three stack and four stack options. The compact multi-station systems set new standards in the fitness industry.

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~~Apollo 250, 350, & 450 —
Product Archive | TuffStuff
...~~

One example of a strength machine that can be used in a home or specialty fitness setting is the Tuff Stuff Apollo 250. The photo shown is a pre-owned Tuff Stuff unit that I am currently selling. Here are some of the great features of this machine. The Tuff Stuff Apollo 250 features a compact design and multiple user stations. There are two selectorized weight stacks.

~~The Tuff Stuff Home Gym —
Apollo 250 With Leg Press —
The ...~~

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Must See! Tuff Stuff Apollo 250 Home Gym 2 stack four station. In wonderful condition! This is a multi station gym that works every muscle group with 33 different exercises. Includes: Leg extension/Leg Curl. Inner/Outer Thigh, Abdominal/Back, Pectoral Fly, Chest Incline, Shoulder press, mid rows, Low pulley, and Lat Pulldown. Manual and exercise chart.

~~Home Gyms~~ — Tuffstuff
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Apollo 250 Dual Stack Multi
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Press & leg extension leg
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Page 1 Vertical Multi-Press
Station Pg. 22 Mid Row
Station Pg. 24 Leg Developer
Station Pg. 26 Maintenance -
Pg. 29 - Pg. 30 Warranty -
Back Page 103" Apollo
Modular Gym System (Base
Unit) Standard 91 1/2"
Deluxe L 103" W 91 1/2" H 84
TuffStuff Fitness Equipment,
Inc. ; Page 2 Unit. assembly
or in having to disassemble
parts later.

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The TuffStuff AXT 225
Classic Home Gym is the

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Strength unit that does it all. Whichever part of the body you want to train, this machine can target it thanks to the versatile design. It combines upper and lower body functionality into one space-efficient product so that you can enjoy an overall workout using just one unit. Think of it as a chest press, leg extension, standing leg curl, and ...

~~TuffStuff AXT 225 Classic~~

~~Home Gym — Gym Pros~~

With the introduction of the Apollo 4, TuffStuff redefined the multi-gym market. The compact 4-stack multi-station system set new standards in the fitness

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Manual. An all-white frame and signature bronze pulleys combined to make the Apollo 4 as beautiful as it was functional and effective.

~~Apollo 4 Multi Gym Product
Archive TuffStuff Fitness~~

~~...~~

A TuffStuff Apollo 250 two-stack gym system with additional leg press. This commercially rated multi-station gym (model Apollo 250) includes a leg press option (model AP-2LP), owner's manuals, and framed exercise poster.

~~TuffStuff Apollo 250 Gym
System | EBTH~~

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~~Manual~~ for your strength machine: Tuff Stuff Apollo 250. View parts list and exploded diagrams for Frame Assorted, Lat Cable Unit, Lat Extension Unit, Low Row Unit, PEC DEC Unit, Tension Cable Unit.

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